

ENGLISH ACTIVITY BOOK - 1

Published by
Department of Teacher Education
NATIONAL INSTITUTE OF EDUCATION

2018

Introduction

Diploma in Additional Language Improvement Programme – English is another initiative taken by the Department of Teacher Education to strengthen participants' communicative skills in order to prepare them for the world of work with confidence. The book contains a series of theme based activities prepared according to the syllabus designed taken into consideration the principles of language learning theories. The book consists of two volumes having 24 lessons in each. The lessons are arranged from simple to complex to make the learning process stress free, learner friendly one.

When designing the book all four skills Listening, Speaking, Reading, and Writing have been emphasized and vocabulary and grammar have been incorporated to suit the content given. However, in the first part of the book Listening and speaking skills are given prominence as it will help the participants to improve their oral skills.

By following this course it is expected the learner to develop the language skills needed to communicate comfortably with other communities and to identify and respect values of other cultures and promote co-existence in a multi-cultural and multi lingual society.

Contents

Inaugural Session	v
Unit 01: Daily Activities	1
Unit 02: Family Bonds	9
Unit 03: Places Around Us	15
Unit 04: Modes of Transport	23
Unit 05: What's Happening?	28
Unit 06: Food We Enjoy	34
Unit 07: Memories	41
Unit 08: Dwellings	48
Unit 09: Changes	53
Unit 10: Clothes.....	60
Unit 11: How Do We Express Quantity	68
Unit 12: Expressing Aches and Pains	73
Unit 13: What Will Happen	78
Unit 14: Comparison	85
Unit 15: Obligations.....	92
Unit 16: At Work	97
Unit 17: Telling Stories	102
Unit 18: How do they look like?.....	106
Unit 19: Relating Incidents	112
Unit 20: Forms of Entertainment.....	119
Unit 21: Disasters	126
Unit 22: Major Events.....	130
Unit 23: Descriptive Texts	135
Unit 24: What does it mean?	141
Listening Text	146
Answer Key	155

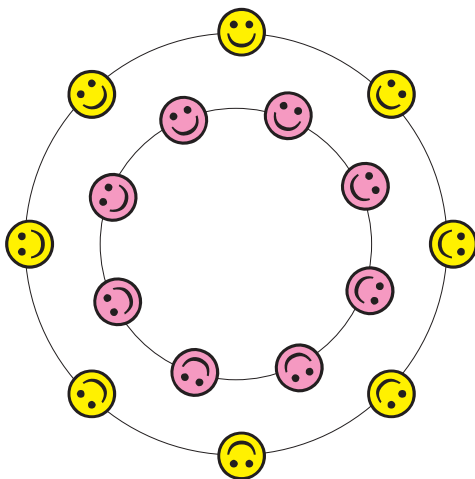
Inaugural Session

Getting to know each other

Be in circles and follow what your instructor asks you to do.

- Divide the class into two equal groups.
- Name the groups A & B.
- Ask group A to form a circle.
- Ask group B to form a circle around circle A.
- Ask circle A to turn and face circle B.
- Check whether every member in group B has a partner from group A.

e.g.



Now, put the following utterances in order.

1. I Mewan Rangana am.

.....

2. am from I Baduraliya.

.....

3. old I twenty five am years.

.....

4. My Nugawela Central school is

.....

5. My Mathematics is subject.

.....

6. What your is name?

.....

7. from are Where you?

.....

8. do Where work you?

.....

9. your and What are hobbies interests?

.....

10. What your is school?

.....

Daily Activities

In this lesson we are going to

- talk about daily activities
- read and understand descriptions of daily routines
- write a few simple sentences describing daily activities.
- listen to a description of somebody's daily routine and extract specific information

Speech Practice “Myself”

1.1 We all sometimes happen to do the same actions daily like the one given in the following examples. Look at them and talk about your daily habits too. The words in the box may help you to talk about them.

1.2



I *get up* early in the morning.

Get up (wake up), prepare, have, clean, wash, watch, get ready, start work, finish work, read, leave, come back (return), have a nap

1.3 Now, let's read what the following people say about themselves.



Shehara

I get ready to go to university. I usually leave home at 7.15. It takes about half an hour to reach the university by bus, but if I get a lift it takes only 10 minutes. First thing I do when I reach there is have my breakfast with my friends at the canteen. I normally come back home before six in the evening. Then, after having tea, I normally read newspapers or chat with my mother. I usually go to bed after doing my course work.



Rani

Every day I get up at 4.00 O'clock and prepare meals. At the same time I make tea for my family. Then I wake up my husband and children at 5.30. Until they get ready, I pack their lunch and lay the table for breakfast. Then I help the youngest son to get dressed. After they leave, I do all the household chores. Then I have a wash and take my breakfast while watching T.V. I never go out till my children come back home from school. On some days, my children come back in the evening after attending their tuition classes. So, I do shopping or read a book before preparing dinner.



Siripala

I come home at about 6.30 in the morning and go to bed straight away. I get up after about three hours and clean myself. Then I prepare a cup of tea and something to eat. Then I wash my clothes and do the ironing. Till lunch I read a newspaper or a magazine. After lunch I usually have a nap. Then I have a bath and get ready to go to work. I leave the room at about 5.00 o'clock. I go to the market to buy goods on my day off.

Can you guess what they are?

- Shehara is a/an
- Rani is a/an
- Siripala is a/an

1.3 Now, let's talk about ourselves. First, read the given examples in the grid below and add two more sentences about yourself.

In the morning	In the afternoon	At leisure
I go to school/work	I attend to house hold activities.	I do gardening

Now, report them to the class.

1.4 We know people have different life styles. Imagine you are **a doctor, a sportsman, or a farmer**. Tell the others about three things you do every day. You may use the following guidelines.

*plough, examine, go ward rounds, weed, treat patients,
paddy field, report for duty, go to gym, practice*

1.5 Now, get into pairs and find out what your friends do at the week end. First write the questions you are going to ask.

e.g. Do you watch T.V.?

Do you write your lesson notes?

When do you get up?